### FORM NO. MGT-7A

[Pursuant to sub-section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11 of the Companies (Management and Administration) Rules, 2014]



# Abridged Annual Return for OPCs and Small Companies

I. REGIS	FIRATION	THER D	EIAILS

(i) * C	corporate Identification Number (	CIN) of the company	U33100	0KL2014PTC036452	Pre-fill	
C	Global Location Number (GLN) o	f the company				
* F	Permanent Account Number (PA	N) of the company	AAMCA	.6160G		
(ii) (a	) Name of the company		AMENS	CO MEDICAL TECHNO		
(b	) Registered office address					
	BLOCK NO 32, 508 PART, GHAT RO KINFRA (SIP) , NELLAD MUVATTUPUZHA Ernakulam Kerala	PAD				
(c	e) *email-ID of the company		amenso	co@gmail.com		
(0	) *Telephone number with STD	code	485298	9000		
(e	e) Website		www.ar	mensco.com		
(iii)	Date of Incorporation		19/03/2	2014		
(iv)	Type of the Company	Category of the Company		Sub-category of the	Company	
	Private Company	Company limited by sh	nares	Indian Non-Gove	ernment company	
(v) Wh	nether company is having share	capital	Yes (	○ No		
(vi) W	hether the form is filed for	$\circ$	OPC (	<ul><li>Small Company</li></ul>		

(	vii) *Finar	ncial year Fro	om 01/04/2020		(DD/MM/YY)	Y) To	31/03/2021	(DD/MM/	YYYY)
(	viii) *Whe	ether Annual (	General Meeting	g (AGM) held (not	applicable ir	case of	f OPC)		
					$\bigcirc$	Yes	<ul><li>No</li></ul>		
	(a) If	yes, date of A	AGM						
	(b) D	ue date of AG	EM [	30/11/2021					
	(c) W	/hether any ex	xtension for AG	GM granted		○ Yes	s   No		
	(f) Sp	pecify the rea	sons for not ho	lding the same					
	AGM	I WILL BE DULY	Y HELD ON 30.11	1.2021					
ı	I. PRIN	CIPAL BUS	SINESS ACT	IVITIES OF TH	HE COMPA	NY			
•					/				
	*Nı	umber of busi	ness activities	1					
				L'					
Г	O N -	IN A a in	December of N	Main Antivity annua	- Ducinos	Danasi	ntion of Dunings	A aki sik s	10/ of to one or o
	S.No	Activity	Description of r	Main Activity group	Activity	Descri	ption of Business	Activity	% of turnove of the
		group code			Code				company
	1	Q	Hospital an	nd Medical Care	Q6	Other	Hospital and Med	ical Care Activities	100
_		1							1
Ш	I. PART	CICULARS	OF ASSOCI	ATE COMPAN	IIES				
	(INCL	UDING JO	INT VENTUI	RES) (not app	licable for	OPC)			
k]	No. of Co	ompanies for	which informa	ation is to be give	n		Pre-fill All		
		F							
	S.No	Name of the	ne company	CIN / FCF	RN	Assoc	ciate/ Joint ventur	e % of sh	ares held
	1								
I۱	/. SHAF	RE CAPITA	L, DEBENT	URES AND O	THER SEC	URITIE	S OF THE CO	DMPANY	
•		RE CAPITAL							
(	(a) Equity	share capita	I						
		Particular	rs	Authorised	Issued		Subscribed	Paid Up capital	
	Total num	nber of equity	shares	capital	capital		capital		
				60,000	60,000	60	0,000	60,000	
	Total amo	ount of equity	shares (in	6,000,000	6,000,000	6,	000,000	6,000,000	
L									
ı	Number o	of classes			1				

Class of Shares	Authoricad	icabilai	Subscribed capital	Paid Up capital
Number of equity shares	60,000	60,000	60,000	60,000
Nominal value per share (in rupees)	100	100	100	100
Total amount of equity shares (in rupees)	6,000,000	6,000,000	6,000,000	6,000,000

#### (b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid Up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

Class of Shares	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Number of preference shares				
Nominal value per share (in rupees)				
Total amount of preference shares (in rupees)	0	0		

#### (c) Unclassified share capital (not applicable for OPC)

Particulars	Authorised Capital
Total amount of unclassified shares	0

#### (d) Break-up of paid-up share capital (not applicable for OPC)

Class of shares	Number of shares	Total nominal Amount	Total Paid-up amount	Total premium
Equity shares				
At the beginning of the year	60,000	6,000,000	6,000,000	
Increase during the year	0	0	0	0
i. Pubic Issues	0	0	0	0
ii. Rights issue	0	0	0	0
iii. Bonus issue	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0

v. ESOPs	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0
vii. Conversion of Preference share	0	0	0	0
viii. Conversion of Debentures	0	0	0	0
ix. GDRs/ADRs	0	0	0	0
x. Others, specify				
Decrease during the year	0	0	0	0
i. Buy-back of shares	0	0	0	0
ii. Shares forfeited	0	0	0	0
iii. Reduction of share capital	0	0	0	0
iv. Others, specify				
At the end of the year	60,000	6,000,000	6,000,000	
Preference shares				
At the beginning of the year	0	0	0	
Increase during the year				
	0	0	0	0
i. Issues of shares	0	0	0	0
i. Issues of shares ii. Re-issue of forfeited shares				
	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0
ii. Re-issue of forfeited shares iii. Others, specify	0 0	0	0	0
ii. Re-issue of forfeited shares iii. Others, specify  Decrease during the year i. Redemption of shares ii. Shares forfeited	0 0	0 0	0 0	0 0
ii. Re-issue of forfeited shares iii. Others, specify  Decrease during the year i. Redemption of shares	0 0 0	0 0 0	0 0 0	0 0 0
ii. Re-issue of forfeited shares iii. Others, specify  Decrease during the year i. Redemption of shares ii. Shares forfeited	0 0 0 0 0	0 0 0 0	0 0 0 0	0 0 0 0 0

Class of shares		(i)			(ii)			(iii)	
	N								
Before split /	Number of shares								
Consolidation	Face value per share								
After split /	Number of shares								
Consolidation	Face value per share								
<ul> <li>(ii) Details of shares/Debentures Transfers since closure date of last financial year (or in the case of the first return at any time since the incorporation of the company) * (not applicable for OPC)</li> <li>☑ Nil         <ul> <li>[Details being provided in a CD/Digital Media]</li> <li>Yes</li> <li>No</li> <li>Not applicable</li> </ul> </li> </ul>									
[Second Semig prov	1404 III 4 02/2181141 III 64	,		$\circ$	Yes		O	Not applicable	
Separate sheet atta	ached for details of trans	fers		$\circ$	Yes	○ N	0		
Note: In case list of trans Media may be shown.	fer exceeds 10, option fo	or submi	ission a	s a separa	te sheet	attachm	ent or s	submission in a CD/D	igital
Date of Previous AG	М								
Date of Registration	of Transfer								
Type of Transfe	er	] 1 - Ed	quity, 2	2- Prefere	ence Sh	ares,3 -	Deber	ntures, 4 - Stock	
Number of Shares/ Dunits Transferred	Debentures/			Amount debentu					
Ledger Folio of Tran	sferor								
Transferor's Name									
	Surname			Middle	name			First name	
Ledger Folio of Tran	sferee								
Transferee's Name									
	Surname			middle	name			first name	

Date of Registration of	of Transfer					
Type of Transfe	fer 1 - Ec			2- Preference Shares,3 -	Debentures, 4 - Stock	
Number of Shares/ D Units Transferred	ebentures/			Amount per Share/ debenture/unit (in Rs.)		
Ledger Folio of Trans	sferor					
Transferor's Name						
	Surnam	e		Middle name	First name	
Ledger Folio of Trans	sferee					
Transferee's Name						
	Surnam	e		middle name	first name	

#### (iii) \*Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
Total			0

#### **Details of debentures**

Class of Debentures	Outstanding as at the beginning of the year	_	Decrease during the year	Outstanding as at the end of the year
Non-convertible debentures	0	0	0	0
Partly convertible debentures	0	0	0	0
Fully convertible debentures	0	0	0	0

## (iv) Securities (other than shares and debentures) (not applicable for OPC)

Type of					Total Paid up Value
Securities	Securities	each Unit	Value	each Unit	
Total					

#### V. \*Turnover and net worth of the company (as defined in the Companies Act, 2013)

(i) Turnover

81,015,373

(ii) Net worth of the Company

31,325,548

#### VI. (a) \*SHARE HOLDING PATTERN - Promoters (not applicable for OPC)

S. No.	Category	Equity	Preference

		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	60,000	100	0	
	(ii) Non-resident Indian (NRI)	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	0	0	0	
10.	Others	0	0	0	
	Tota	60,000	100		0

Fotal numb	er of shar	eholders	(promoters)
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I			
ı	2		
ı			

## (b) \*SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equi	Equity		ence
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	0	0	0	
	(ii) Non-resident Indian (NRI)	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	

2.	Government				
	(i) Central Government	0	0	0	
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	0	0	0	
10.	Others	0	0	0	
	Total	0	0	0	0

Total number of shareholders (other than promoters)	0
Total number of shareholders (Promoters+Public/ Other than promoters)	2

#### VII. \*NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS

Details	At the beginning of the year	At the end of the year
Promoters	2	2
Members (other than promoters)	0	0
Debenture holders	0	0

# VIII. \*MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

$\Delta$ N/I $-$	MRERS/CLASS	AREOHISHHONED/CI	B/NCLT/COURT CONV	ENED MEETINGS	(not applicable for ()P

umber of meetings held	1
umber of meetings neid	1

Type of meeting	Date of meeting	Total Number of Members entitled to attend meeting	Attendance			
				% of total shareholding		
ANNUAL GENERAL MEETI	31/12/2020	2	2	100		

#### B. BOARD MEETINGS (not applicable for OPC)

\*Number of meetings held 7

S. No.	Date of meeting	Total Number of directors as on the date of meeting		Attendance
			attended	% of attendance
1	10/05/2020	2	2	100
2	30/06/2020	2	2	100
3	30/09/2020	2	2	100
4	05/12/2020	2	2	100
5	31/12/2020	2	2	100
6	20/02/2021	2	2	100
7	25/03/2021	2	2	100

#### C. \*ATTENDANCE OF DIRECTORS (not applicable for OPC)

			Board Meetings		Committee Meetings			Whether attended AGM	
S. No.	DIN	Name of the Director	Number of Meetings which	Number of Meetings	% of	Number of Meetings which	Number of Meetings	% of	held on
			director was entitled to attend	attended	attendance	director was entitled to attend		attendance	(Y/N/NA)
1	06806696	ARAVIND BALAKRISH	7	7	100	0	0	0	
2	06806707	SMITHA SANKUNNI N	7	7	100	0	0	0	
3									
4									
5									
6									
7									

3										
)										
10										
1										
2										
3										
4										
5										
	IUNERATION OF DI Nil er of Managing Director		tors and/or Manag	er whose remur	neration deta	ails to be e	entered 1			
S. No.	Name	Designation	Gross salary	Commission		Option/ at equity	Othe	ers	Tota	
1	ARAVIND BALAKR	Managing Direct	1,200,000	0		0	0		1,200	,000
	Total	_	1,200,000	0		0	0		1,200	,000
. Numbe	er of other directors who	ose remuneration d	etails to be entere	d			1			
S. No.	Name	Designation	Gross salary	Commission		Option/ at equity	Othe	ers	Tota	
1	Smitha Sankunni Na	Director	1,200,000	0		0	0		1,200	,000
	Total		1,200,000	0		0	0		1,200	,000
A. *Wh	ether the company has visions of the Companions, give the reasons/obs	made compliances es Act, 2013 during				Yes	O No			

Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order			Details of penalty/ punishment	Details of appeal (if any) including present status
(B) DETAILS OF CO	MPOUNDING OF (	OFFENCES N	lil			
Name of the company/ directors/ officers	Name of the court concerned Authority	Date of Order	section (	f the Act and under which committed	Particulars of offence	Amount of compounding (in rupees)
he case of a first retur ecurities of the compa d) Where the annual r	n since the date of tany. eturn discloses the the excess consists	the incorporation of the fact that the number of the wholly of persons who	e company of member no under so	y, issued any s, (except in	r invitation to the publicase of a one person	last return was submitted or in ic to subscribe for any company), of the company-section (68) of section 2 of
		Decla	aration			
I am authorised by the	e Board of Directors	s of the company vide	resolution	no 3	dat	ed 02/11/2021
(DD/MM/YYYY) to sign respect of the subje						e rules made thereunder er declare that:
						o information material to ds maintained by the company.
		ve been completely a				,
		rovisions of Section false statement and				ies Act, 2013 which provide for rely.
To be digitally sign	ned by					
Director						
DIN of the director	06	8806696				

Attachments		List of attachments
1. List of share holders, debenture holders;	Attach	
2. Approval letter for extension of AGM;	Attach	
3. List of Directors;	Attach	
4. Optional Attachment(s), if any;	Attach	
		Remove Attachment
Modify Check Form	Prescrutiny	Submit

This eForm has been taken on file maintained by the registrar of companies through electronic mode and on the basis of statement of correctness given by the company

Auto-approved By	